

MENTAL A-Z NETWORK

GREATER BENDIGO & LODDON SHIRE CONTACTS

Beyond Blue
1300 224 636

Kids Helpline
1800 55 1800

Lifeline
13 11 14

Contact your
local General
Practitioner (GP)



ABORIGINAL SERVICES

Bendigo & District Aboriginal Co-operative
119 Prouses Road, North Bendigo VIC 3550
P: 03 5442 4947
W: www.bdac.com.au/



CARER SUPPORT

Anglicare Bendigo
10 Mundy Street, Bendigo VIC 3550
P: 03 5440 1100
W: www.anglicarevic.org.au/

Bendigo Health Carer Support Services
37 Havlin Street, East Bendigo VIC 3550
P: 03 5454 7719
P: 1800 068 976 (All Areas)
W: www.bendigohealth.org.au/

Carers Gateway
P: 1800 422 737
W: www.carergateway.gov.au/

Carers Victoria
P: 1800 514 845
W: www.carersvictoria.org.au/

Northern District Health Service
Boort - (03) 5451 0260
Pyramid Hill - (03) 5455 7065
W: www.ndch.org.au/



COUNSELLING AND SUPPORT SERVICES

A Life Simply Lived Psychology Boort (NDIS Available)
5 Station Street, Boort VIC 3537
P: 0439 320 444
W: www.alifesimplylived.com.au/

Anglicare Bendigo
10 Mundy Street, Bendigo VIC 3550
P: 03 5440 1100
W: www.anglicarevic.org.au/

ACSO

P: 1300 375 330
E: partnersinwellbeing@acso.org.au
W: www.acso.org.au/aod-mh-support

Bendigo Community Health Services

165-171 Hargreaves Street, Bendigo VIC 3550
P: 03 5406 1200
W: www.bchs.com.au/

Bendigo Health Adult Mental Health Services
P: 03 5440 6529

Bendigo Health Older Persons Mental Health Services
P: 03 5454 7604
155/151-155 Condon Street, Kennington VIC 3550
W: www.bendigohealth.org.au

Bendigo Mental Health Regional Triage (24hr/7Days)

P: 1300 363 788
W: www.bendigohealth.org.au/mentalhealth/TriageServices/

CatholicCare Sandhurst

176 178 McCrae Street, Bendigo VIC 3550
P: 03 5438 1300
W: www.ccds.org.au/

Centre Against Sexual Assault Central Victoria

71 Bridge Street, Bendigo Victoria 3550
P: 03 5441 0430
W: www.casacv.org.au/

Centre for Non-Violence (CNV)

96 - 98 Pall Mall, Bendigo VIC 3550
P: 1800 884 292
W: www.cnv.org.au/

Glady & Co (NDIS ONLY)

P: 1300 866 474
E: intakecvic@gladyandco.com.au
W: www.gladyandco.com.au/

Golden City Support Services

48 Mundy Street, Bendigo Victoria 3550
P: 1800 001 005
W: www.anglicarevic.org.au/

Inglewood District Health Service

3 Hospital Street, Inglewood VIC 3517
P: 03 5431 7000
W: www.idhs.vic.gov.au/

Mind Australia - Bendigo

56-60 King Street, Bendigo VIC 3551
P: 1300 286 463
W: www.mindaustralia.org.au/

Stride (NDIS Only)

2 Bush's Lane, Bendigo VIC 3550
P: 1300 00 1907
W: www.stride.com.au

Northern District Health Service

Boort - (03) 5451 0260
Pyramid Hill - (03) 5455 7065
W: www.ndch.org.au/

Royal Flying Doctors Service Boort District Health

P: (03) 8412 0480



CHILD AND FAMILY SERVICES

Child First

P: 1800 260 338

Family Service Providers Greater Bendigo

Anglicare Bendigo

10 Mundy Street, Bendigo VIC 3550
P: 03 5440 1100
W: www.anglicarevic.org.au/

Bendigo Community Health Services

165-171 Hargreaves Street, Bendigo VIC 3550
P: 03 5406 1200
W: www.bchs.com.au/
Open hours: Monday - Friday 8am - 5pm

Family Service Providers Loddon Shire

CatholicCare Sandhurst

176 -178 McCrae Street, Bendigo VIC 3550
P: 03 5438 1300
W: <https://ccds.org.au/>
Open hours: Monday - Friday 9am - 5pm

FINANCIAL SUPPORT

Anglicare Financial Services

P: 1800 244 323
E: financial.counselling@anglicarevic.org.au

Bendigo Family and Financial Services

8 Myers St, Bendigo VIC 3550
P: 03 5441 5277
W: www.bendigofamilyandfinancia

CentreLink

P: 132 717
W: www.servicesaustralia.gov.au/individuals/carers

Rural Financial Counselling Service

P: 0437 129 044
P: 1800 900 090
E: amcgee@sunrcs.com.au



INFORMATION AND RESOURCES

8 Olinda Street Mental Health Resource Centre

8 Olinda Street, Quarry Hill VIC 3550
P: 03 5441 7881
E: olindastcentre@bendigohealth.org.au

Loddon Campaspe Multicultural Services

120 McCrae St Bendigo VIC 3550
P: 03 5441 6644
W: www.lcms.org.au/



LOCAL COMMUNITY INITIATIVES

HALT

W: <http://thehaltbrekky.com/>

SPAN Bendigo

P: 0408 541 082
W: www.spancv.org.au/



YOUTH AND CHILDREN SERVICES

Bendigo Health Youth Mental Health Service

43 Havlin Street East, Bendigo VIC 3550
P: 03 5454 7753
W: www.bendigohealth.org.au/YouthMentalHealthService/

Children and Adolescent Mental Health Services

155/151-155 Condon Street, Kennington VIC 3550
P: 03 5440 6506
W: www.bendigohealth.org.au/ChildandAdolescentMentalHealthService/

Kids With Confidence

100 Barnard Street, Bendigo VIC 3550
P: 03 5454 7612

headspace

78-80 Pall Mall, Bendigo VIC 3550
P: 03 5406 1400
W: www.headspace.org.au

YSAS

39 Garsed Street, Bendigo VIC 3550
P: 1800 458 685
W: www.ysas.org.au/ysas-bendigo

