

Congratulations to David Turnbull on his accreditation as a Mental Health Social Worker

Boort District Health would like to congratulate David Turnbull from the Royal Flying Doctor Service Victoria (RFDS) on his accreditation as a Mental Health Social Worker. David has been working as a qualified Social Worker in Boort and has worked extremely hard to be formally recognised for his mental health expertise.

“My accreditation as a Mental Health Social Worker has been 7 years in the making. My aim in achieving this accreditation is to provide the best quality psychological therapy that I can, to those living in rural and remote areas. I really enjoy working in Boort and I look forward to supporting the community into the future” – David Turnbull, Mental Health Social Worker.

David will continue to support Boort residents and has appointments available face-to-face, via phone or video.



RFDS are encouraging people to reach out and make an appointment if you are experiencing:

- Low mood or depression
- Anxiety, persistent worry or stress
- Relationship or family difficulties
- Financial stress
- Grief and loss
- Concerns for a family member or a friend
- Or any other mental health and wellbeing concern

If you are experiencing these or other symptoms, there is support available. In Boort, our mental health clinician, David

Turnbull is available to support you.

No GP referral is required to access this service. You can contact Flying Doctor Wellbeing directly or ask your trusted health professional to put you in touch.

To find out more or to make an appointment, contact the Flying Doctor Wellbeing team on (03) 8412 0480 or at wellbeing@rfdsvic.com.au.